

Dr. Li Dak Sum Outstanding Whole Person Development Awards 2024/25
Eligible Activities in 2nd Semester (Tentative Schedule)

Category	Activity	Month	Organizer
Career Development 個人職涯規劃	CV & Cover Letter Writing Workshop	January 2025	Career Services Section
	Digital Portfolio Workshop	February 2025	
	Interview Skills Workshop	February 2025	
	MBTI® Workshop: Understanding Work Styles and Your Career with the Myers Briggs Type Indicator	February 2025	
	Microsoft Excel Workshop	February 2025	
	Professional Etiquette & Image Workshop	February 2025	
	Public Speaking Workshop	March 2025	
	Understanding Diverse Needs in Workplace: Sign Language Workshop	March 2025	
	Canva Workshop	April 2025	
Emotion & Stress Management Program 情緒管理工作坊	Mental Health First Aid Certificate Course	February 2025	Counselling Service Section
	Be yourself in your creative concept—Sharing by Dr. Leung Ka Yan (Serrini) 擁抱自己·勇敢創作: 梁嘉茵博士(Serrini)分享會	March 2025	
	Human Library – The Healing Journey, Sharing from People in Recovery 真人圖書館 – 治癒之旅·精神病復元人士的分享	March 2025	
	Pawsitive Vibes: Discovering Healing through Dogs Interactive Workshop 狗狗的正能量: 探索療癒的秘訣	April 2025	
Experiential Activity 體驗式學習活動	Fitness Room Using Workshop 健身室使用工作坊	January 2025	Physical Education Section
	Pickleball Elementary Training Course 匹克球初階訓練班	February 2025	
	Pilates Deep Stretching Course 普拉提伸展課程	February 2025	
	Certificate in First Aid Course 急救證書課程	March 2025	
	SYU Cup Volleyball Competition 樹仁盃排球比賽	March 2025	
	The 35th Athletic Meet 第三十五屆陸運會	March 2025	
	SYU Cup 7-a-side Football Competition 樹仁盃七人足球賽	April 2025	
	Goal Setting to Enhance Resilience: Experiential Archery Workshop 定立目標及提升心理韌性: 射箭體驗工作坊	April 2025	Counselling Service Section
Self-understanding Workshop 自我認識工作坊	"Learning to Love" Workshop	February 2025	Counselling Service Section
	"My Life, Understanding Death" Tour 「悟生·悟死」生死探索之旅	March 2025	

*Programs are subject to change with OSA's announcement as final. Please refer to OSA's website for the latest updates.